

LifeAct Instructors

Paul Ernst

High School and Middle School Instructor

Mr. Ernst has taught high school physical education and health classes for more than 30 years, with a master's degree in curriculum and instruction from Cleveland State University and a bachelor of science in education from Baldwin Wallace University. Mr. Ernst lost an uncle and close friend to suicide and feels strongly about reaching teenagers with this lifesaving information.

PErnst@LifeAct.org

Livia Fry

High School Instructor

Ms. Fry is a 37-year veteran health teacher in both private and public school systems. Her first twenty years were spent at Regina High School and she concluded her last seventeen years at Brush High School in South Euclid-Lyndhurst. She completed her bachelors degree from Cleveland State University and Masters of Education degree in School Health from Kent State University. She is passionate about giving young people the tools for maintaining good health, as she has had several family members who have been treated for depression.

LFry@LifeAct.org

Susan McGrath, Ph.D.

High School and Middle School Instructor

Dr. McGrath is a licensed clinical psychologist with doctorate and master's degrees from Case Western Reserve University, and a bachelor of arts in psychology from Wittenberg University. Dr. McGrath has served in private practice, as adjunct faculty at several area colleges and universities, and as an independent researcher, including for LifeAct's research-based program evaluation. (Dr. McGrath was not a LifeAct employee at the time the evaluation was conducted.)

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Elaine Myers

High School Instructor

Ms. Myers retired after 35 years as a classroom teacher. She holds a master's degree in education and a bachelor of science in education from Baldwin Wallace University. Ms. Myers taught mental and emotional health, chemical use, misuse and abuse, and human sexuality in health classes in the Berea City School District. Ms. Myers lost her adult son to suicide and is passionate about prevention.

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Marcos Ortiz

High School and Middle School Instructor

Mr. Ortiz is an Ohio-certified prevention specialist and a chemical dependency counselor assistant. He has 14 years of experience working as a prevention specialist for the Hispanic Urban Minority Alcohol and Drug Abuse Outreach Program. Bilingual, Mr. Ortiz has worked extensively with Cleveland Metropolitan School District (CMSD) youth as well as Cuyahoga County Justice Center inmates. Mr. Ortiz now delivers LifeAct's curriculum in CMSD schools. He lost his 18-year-old nephew to suicide.

MrOrtiz@LifeAct.org

**Please remember, we are not a crisis center! We are happy to answer any questions you may have regarding our lifesaving work, but if you or someone else needs help, reach out to FrontLine Service at (216) 623-6888.*