

recognizing depression • preventing suicide

## **DID YOU KNOW?**

- Nearly 40,000 Americans die by suicide each year.
- Nationwide, suicides account for twice as many deaths as homicides.
- On average, one in five high school students seriously considers suicide, the second leading cause of death for Ohio teens.
- LifeAct has presented its in-school program to over 150,000 students in 155 high schools in Northeast Ohio.
- In 2013, LifeAct instructors delivered "Recognizing Teen Depression and Preventing Suicide" to almost 20,000 students, of which over 1,000 came forward asking for help.
- In 2015, our signature in-school program will be delivered to approximately 22,500 teens in 135 Ohio high schools.
- In response to overwhelming demand, LifeAct will introduce a middle school program, UROK™, in 2015.
- LifeAct teaches students to be the first line of defense in preventing suicide.

**PARTNERS** 





