



(formerly known as Suicide Prevention Education Alliance - SPEA)  
**Youth Advisory Board – FAQ Sheet**

**Mission:** Suicide Prevention, for Life!

The mission of SPEA is to prevent suicide by educating young people to recognize the warning signs of suicide and to seek professional help for themselves and others.

**What LifeAct Does:** Teaches teens to be the “first line of defense” in preventing suicide by delivering its proven two-day program, Recognizing Teen Depression and Preventing Suicide in over 120 Northeastern Ohio schools. Our goal is to cause at-risk students to seek and receive treatment from a mental health professional, as treatment is life altering and often lifesaving. We are also developing new programming to reach even more teens, including distance learning.

**Number of Students served annually:** over 20,000 **Number of Schools Served:** 125

**LifeAct Contact Information**

29425 Chagrin Blvd., Suite 203  
Cleveland OH 44122-4602  
216.464.3471

[www.helppreventsuicide.org](http://www.helppreventsuicide.org)

[www.facebook.com/SPEAneoh](https://www.facebook.com/SPEAneoh)

**What the Youth Advisory Board Does:** The Youth Advisory Board supports LifeAct's mission by serving as consultants and ambassadors for LifeAct by engaging in awareness building and fundraising activities.

**Examples of YAB Accomplishments:**

Created and filmed awareness-raising videos

Engaged in teen outreach for and at LifeAct's annual *Into the Light Walk*

Designed a YAB t-shirt that was worn during outreach efforts

Designed and sold lanyards as a fundraising activity

**YAB Member Term of Service:** YAB member terms are renewed on an annual basis. If a member is active and wants to continue serving, he or she may do so.

**LifeAct**  
29425 Chagrin Blvd. Suite 203  
Cleveland OH 44122-4602  
216.464.3471 216.464.3108 Fax

[lifeact.org](http://lifeact.org)

[facebook.com/SPEAneoh](https://www.facebook.com/SPEAneoh)

**YAB Officer Positions:** In 2014, we had two co-presidents. For 2015 we are looking at two co-presidents, walk chairman, social chairman and new member chairman. Terms are open to all grades in high school, are one year, and any officer may run for re-election.

**Youth Advisory Board Advisors:**

CJ Musser, LifeAct Trustee  
Judy Caster, LifeAct Trustee  
Kris Amendola, LifeAct Staff

**Advisors Contact Email:** [savealifeboard@gmail.com](mailto:savealifeboard@gmail.com)

*This is the primary method for YAB communication. Please check your email often!*

**Day-of-meeting (only) emergency contact numbers:**

**CJ Musser:** 440.622.6314

**Kris Amendola:** 440.554.6314

**Current Number of Youth Advisory Board members:** 24

**Schools represented on the Youth Advisory Board:**

Bay Village  
Chagrin Falls  
Hathaway Brown  
Highland High School  
Laurel  
Madison High School  
Orange  
Rocky River  
Shaker Heights  
Solon  
Strongsville  
St. Ignatius High School  
St. Joseph Academy  
University School  
Westlake  
Willoughby South