DID YOU KNOW?

- One in five high school students seriously considers suicide, the leading cause of preventable death for Ohio teens.

- Suicide rates for children ages 10-14 have risen 136% since 2010. (Centers for Disease Control 2015 Survey Results)

- Four out of five teens who attempt suicide give clear warning signs.

- Depression that is undiagnosed or untreated is the #1 cause of suicide.

- According to the National Institute of Mental Health, people with depression respond favorably to treatment 80% of the time.

- Last year, LifeAct instructors delivered its lifesaving program to 25,000 middle and high school students, of which 2,131 came forward asking for help.

- LifeAct teaches students to be the first line of defense in preventing suicide.

- Since 2001, LifeAct has presented in-school programs in 278 schools and educated more than 200,000 students at no charge to the schools.

Thank you for supporting LifeAct in our mission to educate students to recognize depression and prevent suicide.
recognizing depression • preventing suicide

210 Bell Street
Chagrin Falls, OH 44022
216-464-3471

www.lifeact.org

QUESTIONS? NEED HELP?
Call 844.60.4LIFE
Text 741741

IMMEDIATE DANGER?
Call 911

@lifeact_neohio
facebook.com/lifeact.neohio
LifeAct of Northeast Ohio
lifeact_neohio

University Hospitals
Rainbow Babies & Children’s Hospital

psi raising the power of education